

# ఆరాధన

ధార్మిక మాసపత్రిక

సెప్టెంబరు  
2010

వెల  
రూ.10/-

దేవదాయ ధర్మాదాయశాఖ, ఆంధ్రప్రదేశ్



# A TRIBUTE TO MOTHER EARTH

- J. VENI MADHAVI

## Sri Tulasi Sloka:

✻ Yenmoole Sarvatheerdhaani Yenmadhye Sarvadevathah |  
✻ Yadagre Sarva Vedaascha Thulaseem-thvaam Namamyaham||

## Meaning:

I bow down to the Tulasi (Ocimum sanctum) at whose base (roots) are all the holy rivers, at whose middle (stem) reside all deities and on whose tips (leaves) are all the Vedas.

Lord Brahma- the creator of the universe, himself evolved from a Lotus which arised from the naval of Sri Maha Vishnu. And we see Lord Vishnu / Lord Bala Krishna lying on a 'Vata Pathra' (Banyan or Peepal leaf - Ficus bengalensis / Ficus religiosa) .

If we look this in a deeper sense - Vishnu exists in all the trees, flowers and in turn all the trees exist in him.



J. VENI MADHAVI

*Naturalist*

Web-site : [www.vedicvanas.com](http://www.vedicvanas.com)

E-mail : [veni@vedicvanas.com](mailto:veni@vedicvanas.com)

- ✻ **Passion** - Passionate about Nature, Science and Vedas since childhood.
- ✻ **Education** - Biological Sciences.
- ✻ **Works done at** - schools, colleges, ashrams, temples, offices, hostels, hospitals, hotels, botanical gardens etc,
- ✻ **Places** - Bangalore, Hyde rabad, Chennai, Vijaya-wada, Surat, Pune and Mauritius.
- ✻ **Honours** - I'm blessed and honoured by Sri Sri RaviShankar Guruji and Brahma Sri Subhash Patnji.

## LOTUS BORN- LORD BRAHMA



## VATA PATHRA SAYEE



On earth, first the plant and animal species have evolved, ultimately the humans came into existence, clearly indicating that without these it's impossible for a human being to survive.

From age old times, Hindu temples were evolved either on hills or forests or river banks. In ancient times itself, when there were abundant trees, plants, lakes etc, in the human vicinity, the temples were constructed in such locations faraway from human habitations for providing a calm, peaceful and pleasant environment and also for ensuring a close bond between man and nature.

Hinduism, as we all know, is not exactly a religion but a way of wellness. Its culture, festivals, and traditions are all scientifically proven and have stood the test of time, only to show the world that they are not just mere superstitions or blind faith but are purposive facts. Each and every step, from morning till night and the whole year, according to the changing seasons our festivals are designed, to effectively handle the seasonal transitions. We shall discuss them in detail in the further articles.



A house or a temple with trees and plants is equivalent to a body with breath.

A house or a temple without trees and plants is equivalent to a body without breath.

God exists and expresses himself through the trees he is associated with him. Just mention a God's name - there comes the flower or a leaf he is connected with:

- Ganesha - Jilledu (*Calotropis gigantea*),  
Shiva - Bilva (*Aegle marmelos*),  
Vishnu - Tulasi (*Ocimum sanctum*),  
Lakshmi - Lotus (*Nelumbo nucifera*), etc.

## LOTUS



In fact there are a set of trees and plants for each deity.

For instance - Lord Ganesha is offered 21 varieties of leaves ('EkaVimshathi Patra') during Ganesha Chaturdhi, which are all having aromatic and abundant medicinal values. And of course, a Ganesha temple without his favourite plants is indeed incomplete.

Like wise each one of us too is associated with a tree (like we have a matching gem stone) based on the birth star, namely 'Nakshatra Trees'. Ex. Krithika Nakshatra is represented by Udumbara-Medi Chettu (*Ficus golmerata*).

Based on the Raasi we have a set of 12 trees called 'Raasi Vana'.

Similarly we have Saraswathi Vana, Navagraha Vana, Saptharishi Vana, Siva Panchayatana Vana, Ashoka Vana, VaraLakshmi Vratha Vana and many

more. We shall learn about them in due course of time.

This planet has provided mankind with various methods of utilising nature for our well-being. It is common knowledge, regarding the effects of Neem (*Azadirachta indica*), Amla (*Phyllanthus emblica*), Tulsi (*Ocimum sanctum*), Turmeric (*Curcuma longa*) and Mehandi (*Lawsonia inermis*) etc.

Hence, man can create a True and Complete, Gated Community himself through the God given resources which are available abundantly, generously and freely in nature.

We are very well aware, of our fitness and onset of unheard diseases, in spite of the modern day vaccines, medical facilities, gyms, spas etc.

If we just recall the 'Panchavati' in Ramayana- Amidst the thick forest, Lord Rama, Sita and Lakshmana, were guarded against the evil forces mainly by five trees.

- Pancha - Five.  
Vati - Banyan or trees.

'Vedic Vanas' vision and mission is to bring forth this forgotten knowledge, create awareness and implement them in our localities. I'll share with you, all this valuable knowledge, which I've been working on since several years.

### Translated Sanskrit Sloka:

*The leaves, flowers, seeds, root, branches, bark, stem and even the soil of the place where Tulsi shrub grows are all holy. - (Padma purana Uttarkhand 24/2).*

## TULASI



*Vriksho Rakshathi Rakshithaha*